



# City of Milford, Connecticut

- Founded 1639 -

70 West River Street - Milford, CT 06460-3317

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[www.ci.milford.ct.us](http://www.ci.milford.ct.us)

Recreation  
Department



## AREA YOUTH TO PARTICIPATE IN NBA FIT DRIBBLE, DISH & SWISH COMPETITION

Local youth, 7-12 years of age, have the opportunity to participate in a NBA FIT Dribble, Dish & Swish Competition. This grassroots program provides boys and girls, competing separately, a free opportunity to showcase their excellence in the core basketball skills of dribbling, passing and shooting. NBA FIT Dribble, Dish & Swish is also intended to encourage youth participation in sport while promoting sportsmanship.

(Organization name) Milford Recreation Department will host a free NBA Local Competition for area youth.

Date: Thursday, November 20, 2014

Time: 7 & 8's - 5:30pm/ 9 & 10's - 6:00pm/ 11 & 12's - 6:30pm

Location: Parsons Complex Gymnasium - 70 W. River St. Milford, CT

Participants may register the day of the event and must bring a copy of their birth certificate and complete a registration form prior to the start of the competition.

1<sup>st</sup> Place Champions from this Local Competition will advance to one (1) of four (4) Regional Competitions occurring throughout the New York City Tri-State Area in hopes of advancing to All-Star Finals at NBA All-Star in New York City.

For questions concerning this competition, please contact your Local Competition Administrator,

Patrick Austin at 203-783-3390 (email or phone).  
[paustin@ci.milford.ct.us](mailto:paustin@ci.milford.ct.us)

For information on NBA FIT Dribble, Dish & Swish, please visit  
[nba.com/nbafit/dribbledishswish](http://nba.com/nbafit/dribbledishswish).